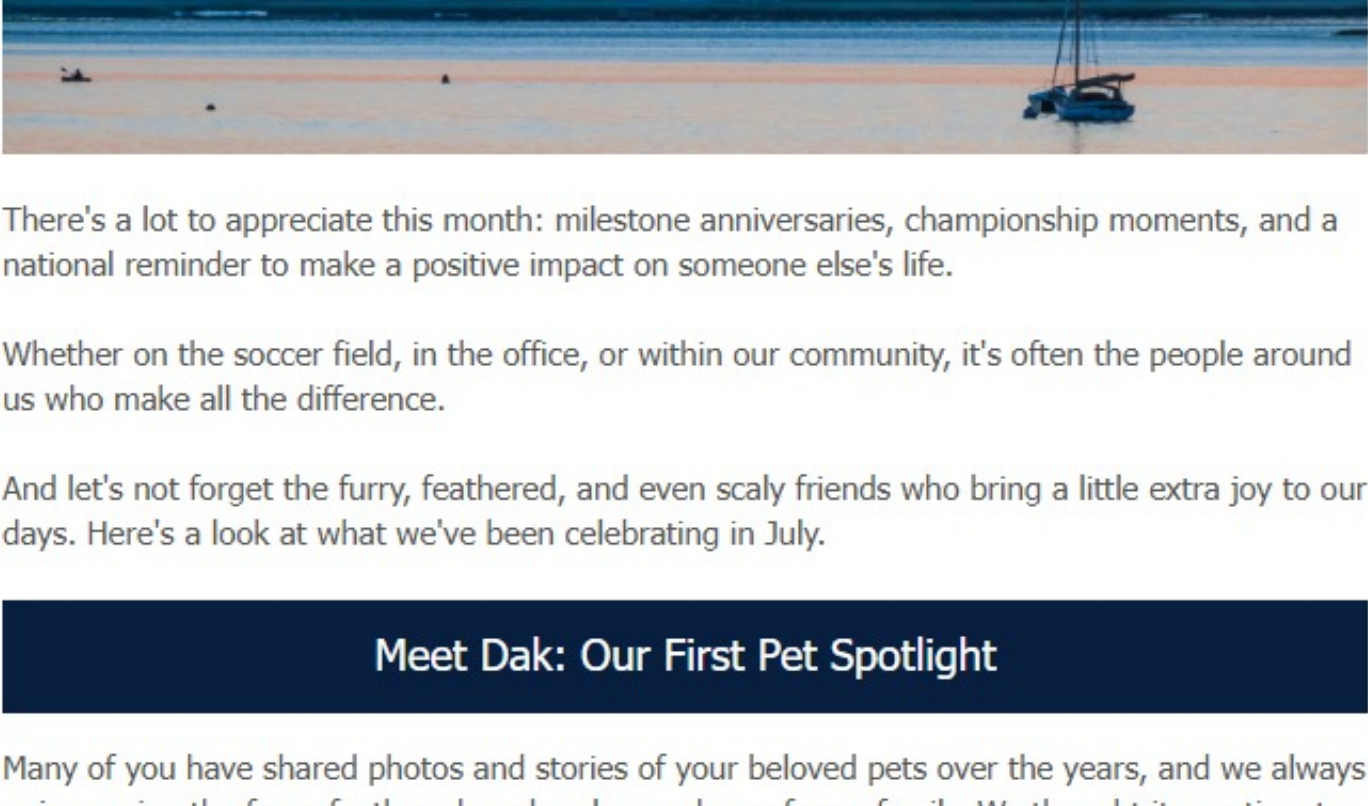




There's a lot to appreciate this month: milestone anniversaries, championship moments, and a national reminder to make a positive impact on someone else's life.

Whether on the soccer field, in the office, or within our community, it's often the people around us who make all the difference.

And let's not forget the furry, feathered, and even scaly friends who bring a little extra joy to our days. Here's a look at what we've been celebrating in July.

Meet Dak: Our First Pet Spotlight

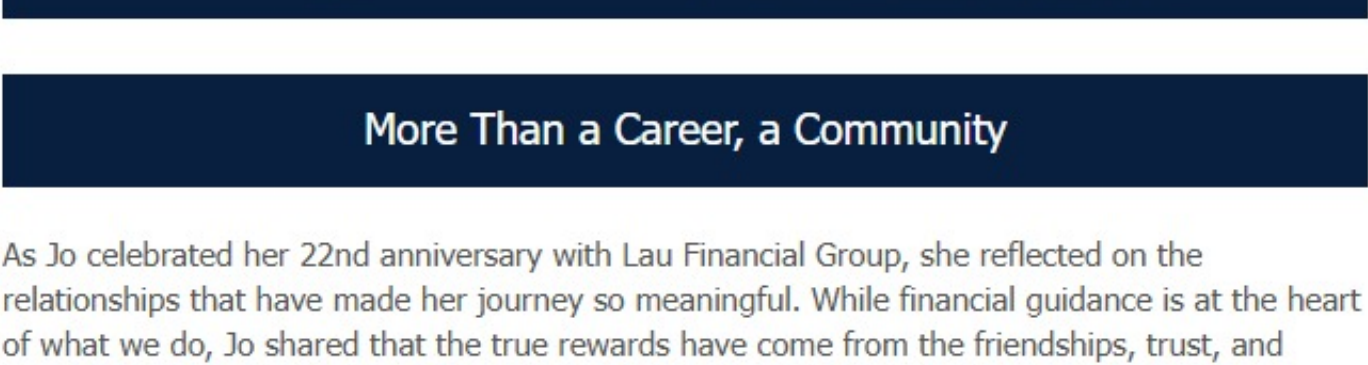
Many of you have shared photos and stories of your beloved pets over the years, and we always enjoy seeing the furry, feathered, and scaly members of your family. We thought it was time to return the favor!

We're excited to introduce our new **Pet Spotlight**, featuring adoptable animals from Capital Humane Society who are searching for their forever homes.

This month, meet Dak, a 7.5-year-old Blue Heeler with plenty of personality and energy to share. True to his breed, Dak loves having a job to do and enjoys "herding" just about anything he can, from toy cars to lawn mowers. Because of his active nature, he'd thrive with a family who understands working breeds and can provide plenty of exercise, engagement, and mental stimulation.

We're grateful to partner with Capital Humane Society to help share Dak's story and hopefully connect him with the loving family he deserves.

[Visit Capital Humane Society](#) to learn more about this handsome guy and the many other pets waiting for a place to call home.

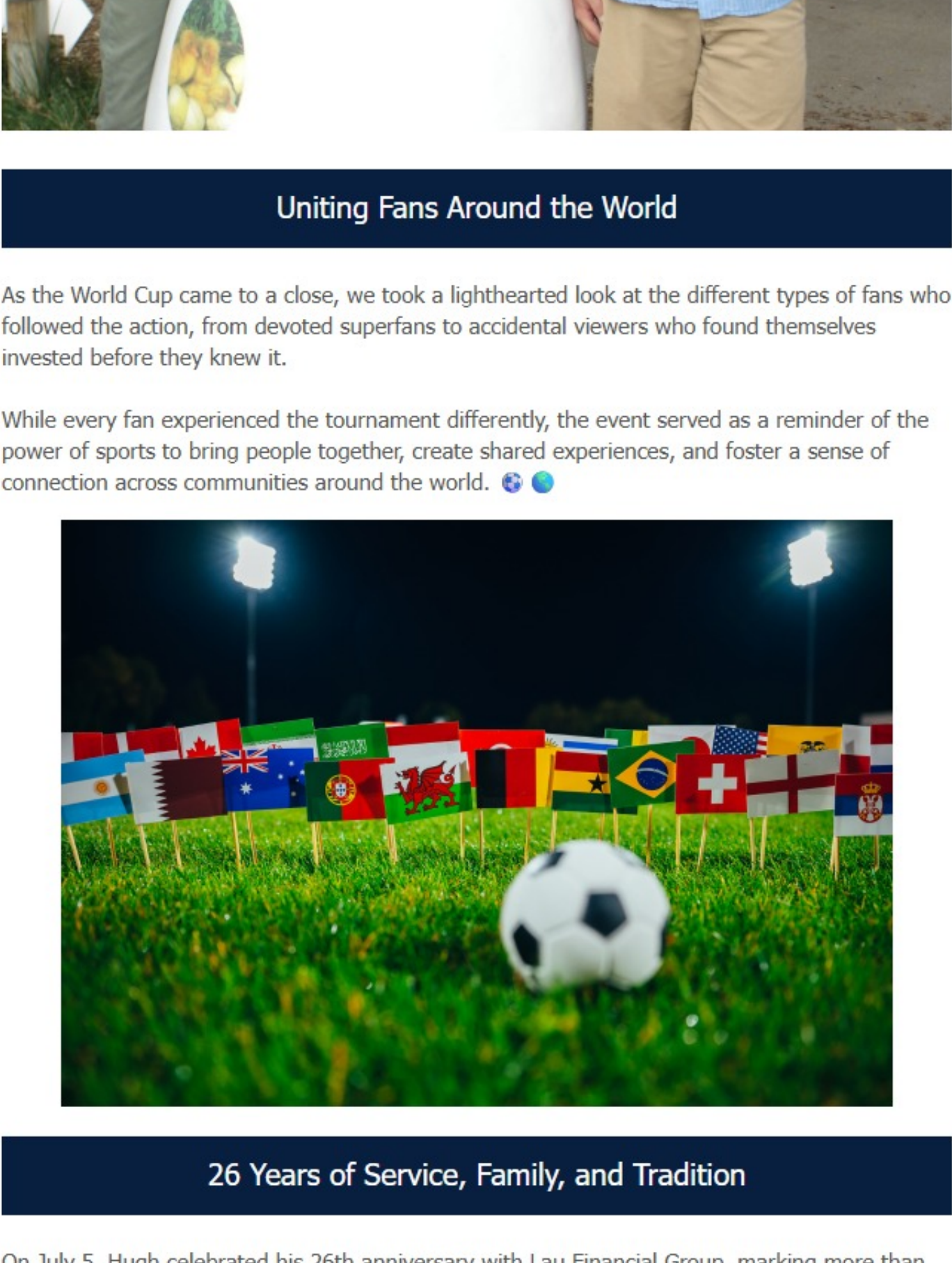


- ★ 7.5-Year-Old Blue Heeler
- ★ Smart & Energetic
- ★ Looking for his Forever Family

More Than a Career, a Community

As Jo celebrated her 22nd anniversary with Lau Financial Group, she reflected on the relationships that have made her journey so meaningful. While financial guidance is at the heart of what we do, Jo shared that the true rewards have come from the friendships, trust, and connections built with clients and colleagues through life's many milestones. From celebrations and achievements to challenges and transitions, these shared experiences have reinforced a simple truth: our greatest investment has always been in people.

Here's to 22 years of memories and the beginning of Year 23!



Uniting Fans Around the World

As the World Cup came to a close, we took a lighthearted look at the different types of fans who followed the action, from devoted superfans to accidental viewers who found themselves invested before they knew it.

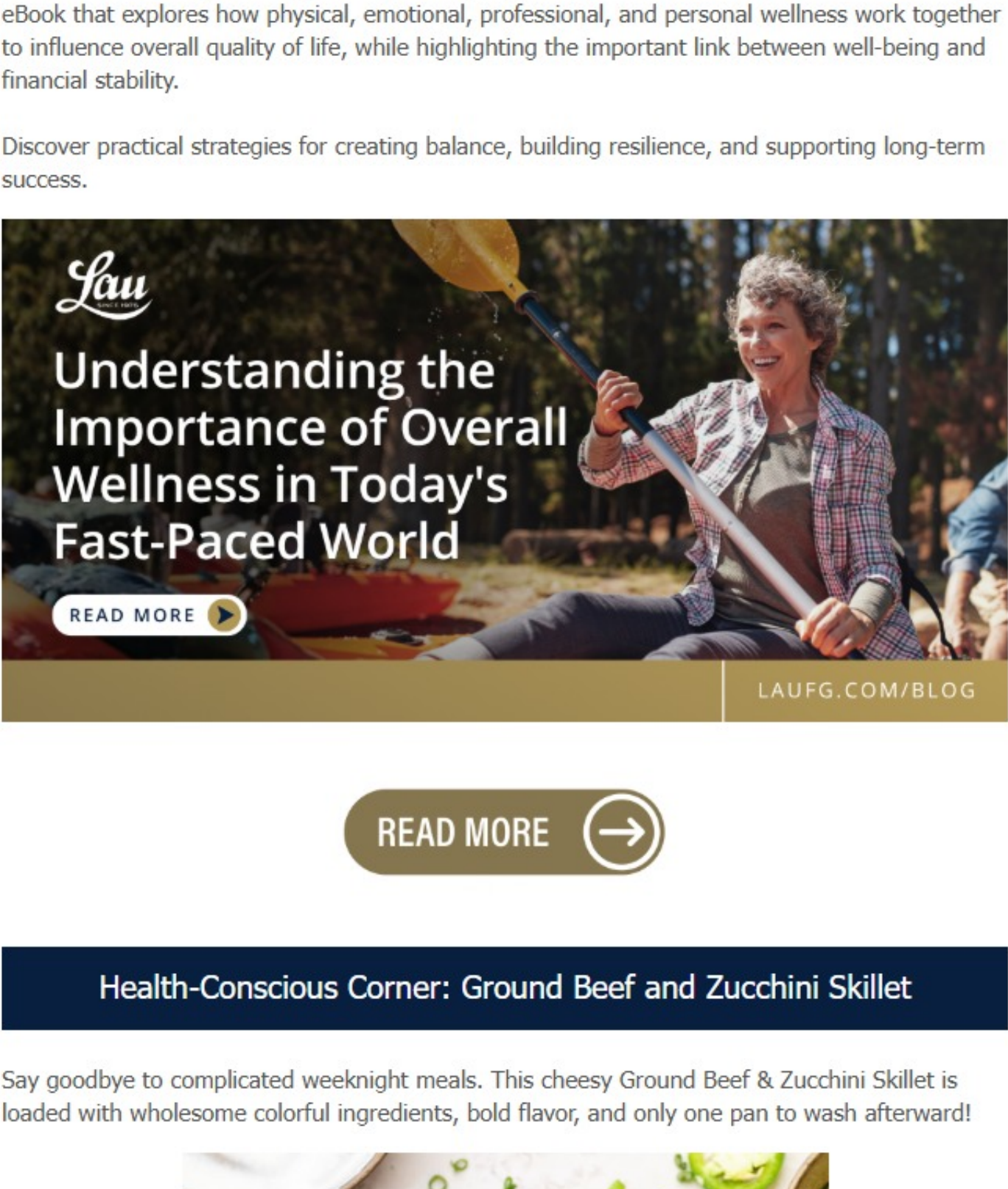
While every fan experienced the tournament differently, the event served as a reminder of the power of sports to bring people together, create shared experiences, and foster a sense of connection across communities around the world. 🌐🏈



26 Years of Service, Family, and Tradition

On July 5, Hugh celebrated his 26th anniversary with Lau Financial Group, marking more than two decades of serving clients and building lasting relationships. The milestone provided an opportunity to reflect on the values that have remained constant through changing markets and evolving technology: trust, thoughtful guidance, and a commitment to helping families pursue their financial goals.

The occasion was made even more special by a week spent with family at Pelican Lake, enjoying time-honored traditions and creating memories across generations.



Friday Afternoon Club Resumes in September

As a reminder, we pause for the summer months in July and August.

Friday Afternoon Club will resume on **September 4** to kick off Labor Day weekend at the Kreitmans' acreage—stay tuned for more details!



FRIDAY AFTERNOON CLUB

Visit us on the first Friday of every month between 11 AM and 1 PM.

OUR NEXT FAC IS:

SEPTEMBER 4, 2026

We would be thrilled to have you come and meet with us! Come enjoy a delicious meal, dessert, and great conversation!

[LAUFG.COM](#)

Finding Balance in a Busy World

The most effective plans support more than just your finances. This month's we are featuring an eBook that explores how physical, emotional, professional, and personal wellness work together to influence overall quality of life, while highlighting the important link between well-being and financial stability.

Discover practical strategies for creating balance, building resilience, and supporting long-term success.



Understanding the Importance of Overall Wellness in Today's Fast-Paced World

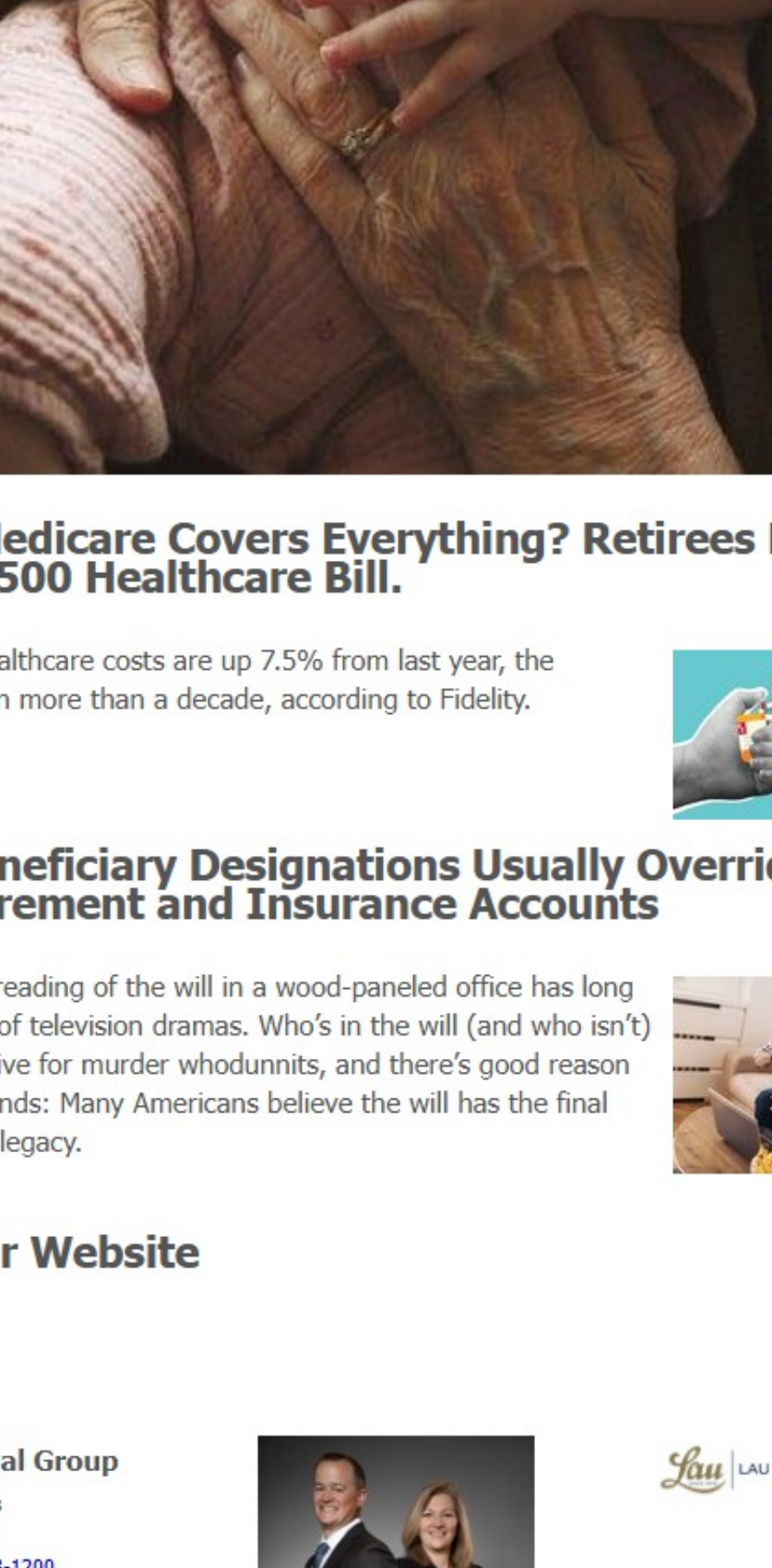
[READ MORE](#)

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[READ MORE](#)

Health-Conscious Corner: Ground Beef and Zucchini Skillet

Say goodbye to complicated weeknight meals. This cheesy Ground Beef & Zucchini Skillet is loaded with wholesome colorful ingredients, bold flavor, and only one pan to wash afterward!

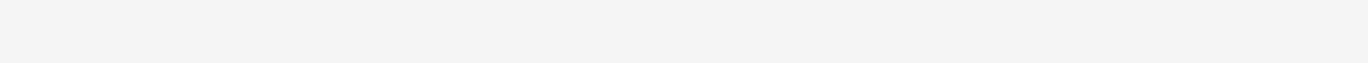


[Get the Recipe](#)

50 Years, 50 Stories. A Year of Celebration.

Milestones come in many forms.

Some mark beginnings. Others reflect years of dedication, growth, and perseverance.

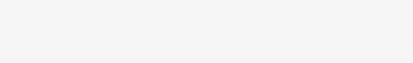


MILESTONES

50 Years. Countless Milestones.

- First jobs.
- New homes.
- Growing families.
- College graduations.
- Business successes.
- Retirement celebrations.

[LAUFG.COM](#)



That's a wrap on July. Fifty years down, still not done!

From celebrating milestones to recognizing the power of a simple act of kindness, this month has been a reminder that impact comes in many forms.

Some moments take decades to build. Others take just ten seconds.

Cheers to both!

Hugh and Jo

Additional Insights

The Health Benefits That Come From Being an Involved Grandparent

The grandparenting role can provide a sense of purpose and improve physical and mental health.

Think Medicare Covers Everything? Retirees Now Face a \$185,500 Healthcare Bill.

Retirement healthcare costs are up 7.5% from last year, the sharpest rise in more than a decade, according to Fidelity.

Why Beneficiary Designations Usually Override Wills for Retirement and Insurance Accounts

The dramatic reading of the will in a wood-paneled office has long been a staple of television dramas. Who's in the will (and who isn't) is a go-to motive for murder whodunnits, and there's good reason the premise lands: Many Americans believe the will has the final say over their legacy.

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