

NEWSLETTER
November 2025

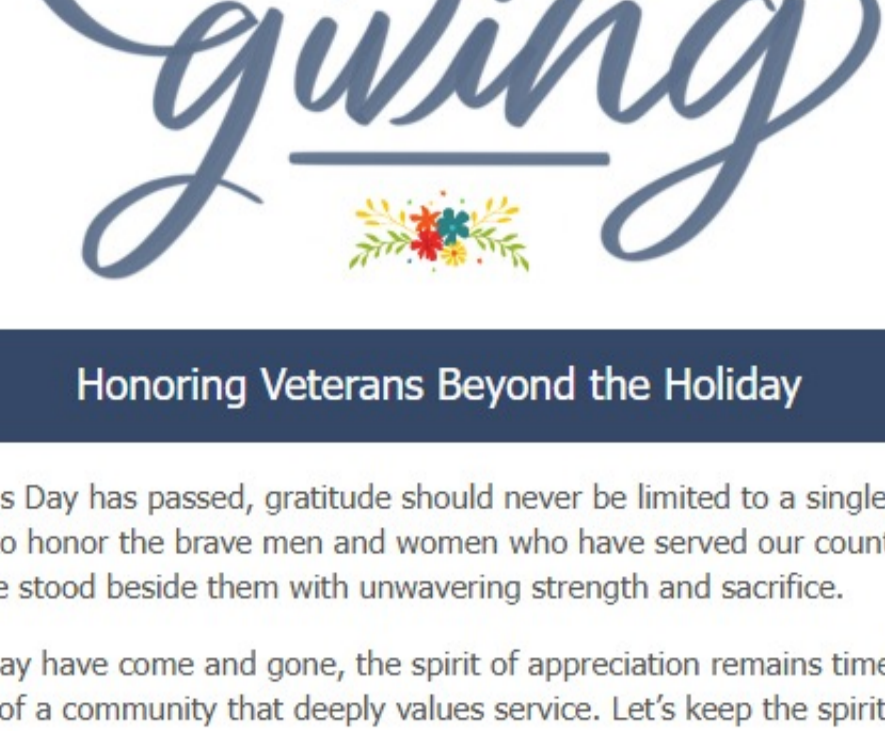
As we gather around the table this week, it is a gentle reminder of what truly matters: gratitude, connection, and the people who make life meaningful. November is the perfect time to slow down, reflect, and set intentions for a strong finish to the year. Let us embrace this season with thankfulness and choices that move us closer to the future we envision because every step forward counts.

Take a look at some of our highlights from earlier this month!

Friendsgiving Moments

Friendsgiving is one of our favorite traditions. It's a time to gather with your chosen family, and celebrate the connections that make life meaningful.

Whether it was a potluck with neighbors, a cozy dinner with lifelong friends, or a simple toast over takeout, Friendsgiving is about who you were with, not what is on the table. We encouraged you to find a moment this month to celebrate the people who lifted you up, laughed with you, and walked alongside you through life's seasons.



Honoring Veterans Beyond the Holiday

Although Veterans Day has passed, gratitude should never be limited to a single day. We took time this month to honor the brave men and women who have served our country, and the families who have stood beside them with unwavering strength and sacrifice.

While the date may have come and gone, the spirit of appreciation remains timeless. We're proud to be part of a community that deeply values service. Let's keep the spirit of gratitude alive all year long.



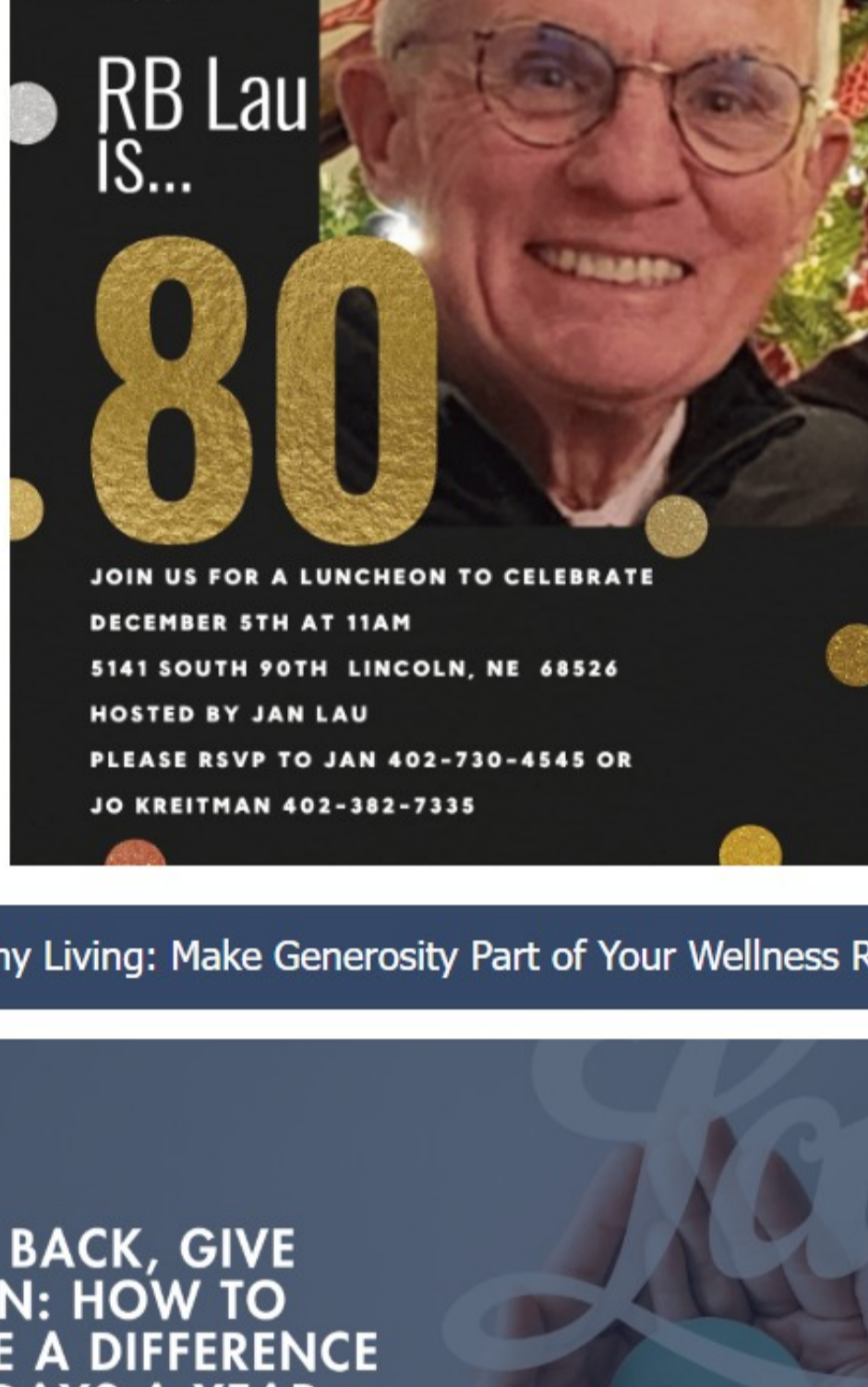
Final FAC of 2025: RB's 80th Birthday Luncheon

We can't believe how fast this year has flown by, and now we're gearing up for the last FAC of 2025! For those joining us on December 5 for RB's birthday luncheon, we can't wait to see you and celebrate together.

If you can't make it, you can still be part of the celebration by sending a card with your warm wishes:

Please mail cards to:
Jo Kreitman
c/o Lau Financial Group
4131 Pioneer Woods Drive, Suite 103
Lincoln, NE 68506

This is a wonderful way to show RB how much we appreciate him, even from afar. No pressure at all, just an opportunity to share some kindness and make RB's day extra special!



Healthy Living: Make Generosity Part of Your Wellness Routine

GIVE BACK, GIVE OFTEN: HOW TO MAKE A DIFFERENCE 365 DAYS A YEAR

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The holiday season sparks generosity, but kindness doesn't have to be seasonal. This blog shares practical, meaningful ways to make giving a year-round habit, whether through time, money, or simple acts of service, so you can create a lifestyle of compassion that lasts beyond the end of the year.

[Read More Blog Posts](#)

Health-Conscious Corner: Maple Bacon Brussels



Looking for a cozy side dish to elevate your holiday table this season? Try this Maple Bacon Brussels Sprouts recipe! Crispy bacon, caramelized brussels sprouts, and a touch of maple sweetness come together for a flavorful dish that's both festive and easy to make. With dried cranberries and a hint of cayenne for warmth, this recipe is perfect for gatherings or a comforting family meal. Ready in just 35 minutes, your guests will love it!

[Get the Recipe](#)



As we celebrate this season of gratitude, let's take a moment to appreciate what we have—the people who bring us joy, the opportunities we've been given, and the simple comforts we often take for granted. While we give thanks, let's also remember those who may be facing challenges and extend kindness wherever we can. Let's end the month with with gratitude, connection, and meaning.

Kind regards,

Hugh and Joek

Additional Insights

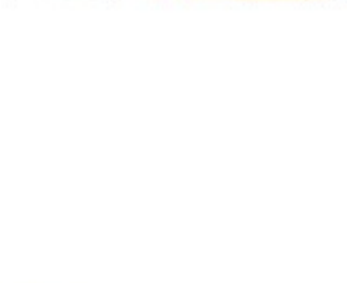
Ready for Black Friday and Holiday Shopping Deals? Here Are 6 Simple Financial Reminders

Here's how you can ensure that Black Friday deals do not derail your budget and long-term financial goals.



Here's What It's Like to Retire to Portugal

Portugal remains one of the easiest places in the European Union to gain citizenship after five years of temporary residency (though a proposed law would double that to 10 years and add other requirements for most foreigners).



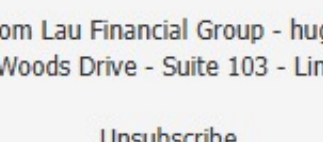
A Lot of Americans Will Hit the Road—and Sky—This Week. Here's What to Expect

A record number of Americans are expected to travel at least 50 miles for Thanksgiving this year, according to AAA. Consumers may cut back on their travel spending after that, according to surveys from Deloitte.

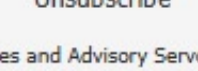


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