

## Is Your Retirement Income Strategy Still on Track?

Use this checklist as a check-in to evaluate whether your retirement income strategy is keeping pace with your needs, goals, and changing circumstances. This is an educational review, not a one-size-fits-all assessment and can help identify areas to revisit with your financial professional.

### INCOME SOURCES & CASH FLOW

- ☐ Have you reviewed all current income sources (Social Security, pensions, portfolio withdrawals, annuities, etc.)?
- ☐ Is your monthly income still covering your essential expenses comfortably?
- ☐ Have any income amounts changed this year (COLA adjustments, pension elections, interest/dividend changes)?
- ☐ Do you maintain a clear understanding of which income sources are guaranteed and which are market-dependent?

*What to consider: Understanding how dependable each income source is can help clarify how much flexibility you have if markets or expenses change.*

### SPENDING & LIFESTYLE CHECK

- ☐ Have your spending needs changed since the start of the year (travel, healthcare, housing, family support)?
- ☐ Are discretionary expenses aligned with your priorities and income plan?
- ☐ Have inflation or rising costs affected your budget more than expected?

*What to consider: If expenses are rising faster than anticipated, it may be helpful to revisit spending assumptions or income flexibility for the remainder of the year.*

### INVESTMENT & WITHDRAWAL STRATEGY

- ☐ Are you comfortable with your current withdrawal rate from savings and investments?  
*What to consider: Withdrawal rates that felt reasonable at the start of the year may warrant a review after market movements or spending changes.*
- ☐ Is your portfolio still aligned with your income needs and risk tolerance?  
*What to consider: Your comfort with risk and need for income can shift over time, particularly after periods of market volatility.*
- ☐ Have recent market movements affected how you feel about your strategy?
- ☐ Do you know which accounts you are drawing from and why (taxable, tax-deferred, Roth)?

*What to consider: The order in which accounts are used can influence taxes and long-term income sustainability.*

## TAX PLANNING CONSIDERATIONS

- ☐ Have you reviewed your year-to-date tax picture?
- ☐ Are taxes being withheld appropriately from Social Security, pensions, or IRA withdrawals?
- ☐ Are there opportunities to manage taxes through withdrawal sequencing or planning strategies?  
*What to consider: Small adjustments during the year may help reduce surprises at tax time.*
- ☐ Have there been any changes in tax laws that may affect your income plan?

## REQUIRED MINIMUM DISTRIBUTIONS (RMDs)

- ☐ If applicable, are you on track to meet your RMD requirements for the year?  
*What to consider: RMD timing can affect both cash flow and taxable income.*
- ☐ Do you understand how RMDs impact your taxable income and cash flow?
- ☐ Have you reviewed beneficiary designations on retirement accounts?

## HEALTHCARE & INSURANCE REVIEW

- ☐ Are your Medicare coverage and supplemental policies still meeting your needs?
- ☐ Have healthcare costs increased more than expected this year?  
*What to consider: Rising healthcare expenses can put added pressure on income plans and may require adjustments elsewhere.*
- ☐ Do you have a plan for unexpected medical expenses or long-term care considerations?

## LIFE CHANGES & PLANNING UPDATES

- ☐ Have there been any major life changes (health, marital status, relocation, family needs)?  
*What to consider: Life changes often create ripple effects across income, taxes, and estate planning.*
- ☐ Are your estate planning documents up to date (will, powers of attorney, healthcare directives)?
- ☐ Does your income strategy still support your legacy or charitable goals?

## NEXT STEPS

- ☐ Have you scheduled a mid-year review with your financial advisor?
- ☐ Do you have a list of questions or concerns to discuss during your review?
- ☐ Are you confident your retirement income strategy remains aligned with your goals for the rest of the year?

### Important Disclosures:

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